

Finding the Good in Quarantine

Covid-19 has really turned our lives upside down.
Our daily routines and the way so many of us live our lives has been changed.

While this *is* a time of trial and tribulation,
Let us not forget that with every BAD, there is a GOOD.

Bad

Millions of people are unable to go to work.

Lots of people are struggling financially.

Several still must work and put themselves
and their families at risk.

Thousands are dying.

Loved ones are separated.

There are lots of lonely souls, doing their best
not to fall into depression.

Several of us are stuck inside.

Parents must play teacher to their children, in
addition to their roles as parents.

The entire world is affected by this virus.

Good

Now have time to spend with their families. For the first
time in years, many families now have time to sit down to
a meal, play games, or go for a walk together.

Thousands are reaching out to help one another. Those
who are able are donating to those in need.

Those not working are volunteering to make masks for
those who are.

Millions are learning to appreciate the time they have and
the people in their lives. Apologies are being made.
Grudges and past faults are being forgiven. Broken ties
are being mended.

They are still finding ways to show love and support, even
from a distance.

We can reach out to someone else who may be feeling the
same way. Most of us are fortunate to have technology to
communicate with others during this time. Make a phone
call, send a text, join a chat, regardless of how we may
feel, we are not alone.

The earth is thriving in our absence. Skies and water are
clearer and cleaner. Animals are coming out of hiding to
enjoy the earth that they share with us.

Renewed appreciation and respect for schools and
teachers.

We all share something in common. We are all battling
the same war. We can come together in love and support
for each other as ONE people and one planet.

Yes, there is a lot of bad floating around out there, but there is also a lot of good!

These are just some of several.

The little rays of light will be what gets us through this storm.

They are not always easy to see, but if we look hard enough, we can find them.

If we cannot find them, we can be the ones who create them, shining for others to see.

If we work hard enough, we can make our lives a little brighter, even during in a dark time.

The CHOICE is yours.