

# Pressed Flower Luminarias

Take & Make Kit #13  
May 2021

## **Included in Kit**

Wax Paper  
Washi Tape

## **Additional Supplies Needed**

Iron  
Napkin or parchment paper  
Heavy book  
Scissors  
Pressed Flowers (see back)

For help in completing the project, follow the instructions for this craft at <https://berlinpeck.org/take-make/>

The video tutorial for this craft can be found by accessing Creativebug via our website. You'll find it under the Databases menu. Once you log into Creativebug, search for Luminaria, and you'll find all the instructions and video tutorial.

We love to see your creations! Share photos of your Take and Make crafts on our Facebook, Twitter, or Instagram pages or email us at [library@berlinpeck.org](mailto:library@berlinpeck.org).

Questions? Call us at 860-828-7126 or email Anne Henriques at [ahenriques@berlinpeck.org](mailto:ahenriques@berlinpeck.org).

## Pressing Flowers:

FTD has an excellent tutorial with 4 different methods of pressing flowers, which you can find here:

<https://www.ftd.com/blog/create/how-to-press-flowers> Excerpts from their tutorial are included below:

Here are few rules of thumb to follow with any method of pressing that you use:

- Pick your flower right when it blooms. The color will fade when it's pressed, so catch the flower at its prime for the most colorful print.
- The flowers should also be in prime condition, free of blemishes or tears.
- Pick flowers that have already been dried out from the sun. Wet plants are prone to mold.
- Choose flowers that have a flat bud. If the bloom is globe shaped, you can cut it in half so that it's easier to press.

My sample included flowers that were pressed using an iron, and I'm including those instructions here:

Pressing flowers with an iron is another way to speed up the process. It is similar to the process of using iron-on appliques, but you aren't attaching the flower to anything.

### Materials:

- Flowers
- Parchment paper (or a napkin with no texture)
- Iron
- Book

### Directions:

**Step 1: Place your flowers between two pieces of parchment paper.** Place a book on top to flatten the flowers and make them easier to iron.

**Step 2: Turn your iron on low.** Make sure you don't use any water or steam features.

**Step 3: Once the iron is warm, remove the book from the parchment paper.** Move the paper and flowers to an ironing board.

**Step 4: Press the iron on the paper for about 15 seconds.** Remove until the paper is cool again (about 15 more seconds). Repeat this process until the flower is dried.